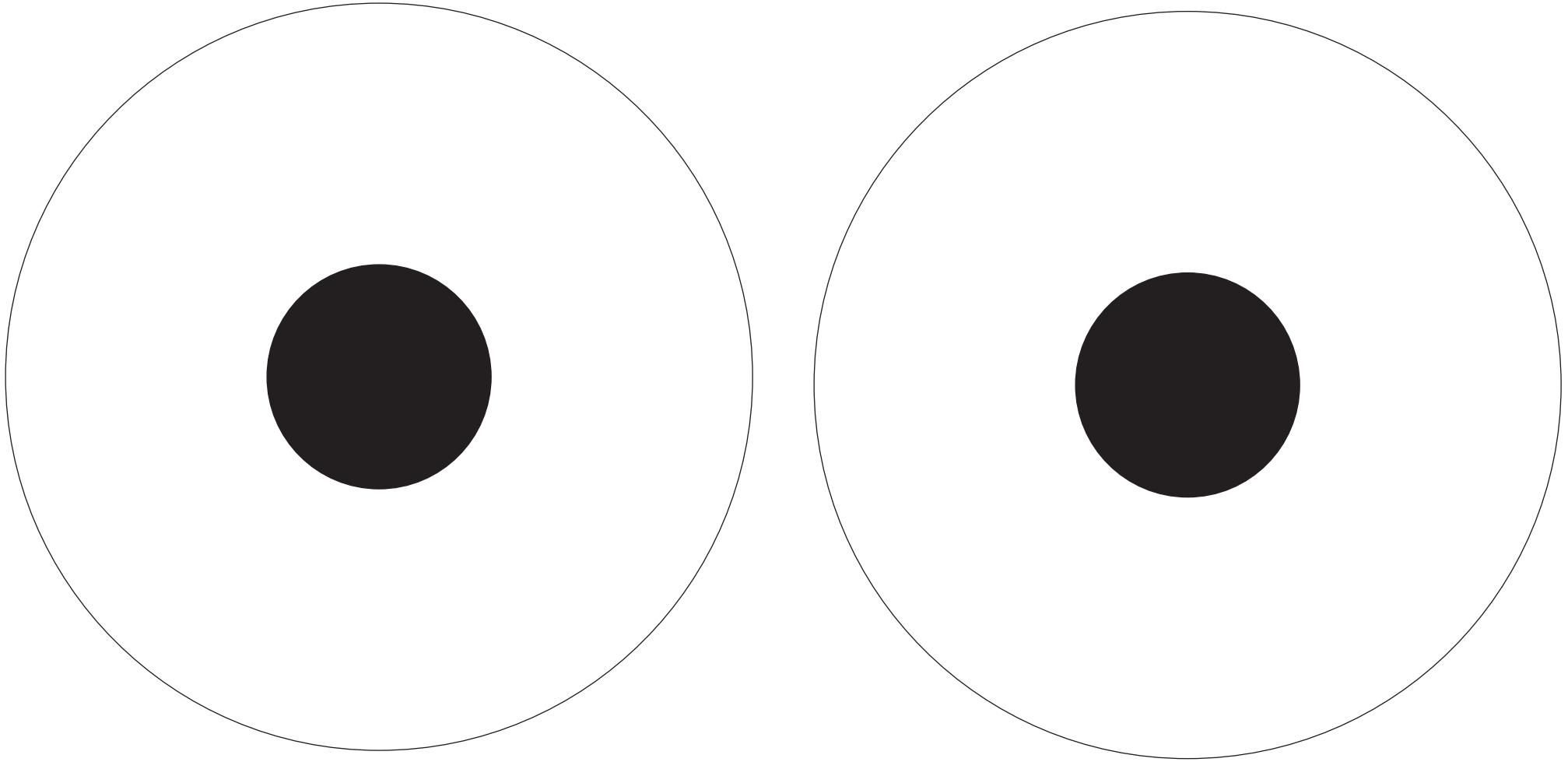




5X5 Drill - Originated by [Gila Hayes](#). 5 rounds, from the ready, in 5 seconds or less, from 5 yards. According to Claude Werner, [The Tactical Professor](#), the drill should be repeated 5 times to ensure consistency. If you are consistently passing the drill from the ready, try the drill from the holster.